

1. Information

What is coronavirus?

There is a new virus, called coronavirus.

This virus is spreading very quickly in Europe. Including Germany, where lots of people are becoming ill every day.

Coronavirus is dangerous for some people: the elderly and those with underlying health conditions. That's why there are currently new regulations to reduce the rate of infection and avoid everyone becoming ill at the same time.

More information is available here:

www.bundesgesundheitsministerium.de/coronavirus/coronavirus-leichte-sprache

2. Current regulations & legislation

Which rules currently apply in the Wunsiedel district?

From Monday, 16.03.2020, all schools and nurseries in Bavaria will be closed. Children must stay at home.

From Tuesday, 17.03.20, *all leisure facilities in Bavaria, including playgrounds, will be closed.*

From Wednesday, 18.03.20, the opening times of some shops and restaurants will change. Some shops will be closed. Grocery stores, pharmacies, banks and filling stations will remain open, however.

The job centre and employment agency will stop providing face-to-face advice. If you have any concerns, you can call the hotline or send an email.

The Landratsamt limits its service.

From Thursday, 19. 03.20, Wunsiedel Intergenerational Centre will be closed until further notice.

German courses:

No German courses will take place at the adult education centre and vocational training centre until 19 April.

There will be no professional language courses at Bildungsinstitut Pscherer until 27 March. The professional language course at DEB Selb will also be suspended.

Events and appointments:

A lot of events have been cancelled. Appointments may also be postponed.

You are advised not to attend any non-essential events.

Public transport:

Wunsiedel district bus timetable: not all buses are running. The holiday timetable applies. Not all regional trains are running. For more information, please contact Deutsche Bahn.

Advice centres:

The MAKmit and AWO advice centres in Marktredwitz and Arzberg respectively are closed to visitors.

AWO Arzberg: telephone advice on +49 (0)9233/40096-22, +49 (0)9233/40096-23, +49 (0)172-5742430

hanna.keding@awo-wunsiedel.org, merisa.sikorsky@awo-wunsiedel.org, Monday to Thursday from 8 am - 4 pm

Diakonie: telephone advice on Miss Völksch 09287 5009125 or 0157 81858580, voelksch@diakonie-wun.de

Miss Söllner 0157 81858564 soellner@diakonie-wun.de

NB!

Regulations are changing very quickly at the moment. And new information is being issued every day. So it is important to check the latest information on a daily basis.

3. Latest news

Where can I get information?

News for Wunsiedel district: www.landkreis-wunsiedel.de/buergerservice/news/2020/wichtige-informationen-zum-coronavirus-sars-cov-2

Regional newspaper: www.frankenpost.de

Regional radio: www.euroherz.de/kategorie/nachrichten/regional-nachrichten

Bavarian news:

<https://www.br.de/nachrichten/meldungen>

National news:

<https://www.tagesschau.de/>

Health authorities:

www.bundesgesundheitsministerium.de/coronavirus

www.infektionsschutz.de/coronavirus-sars-cov-2

www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/nCoV

4. Correct behaviour

How can I protect myself?

Hand washing: wash your hands with soap, regularly and thoroughly (for 20 – 30 seconds).

Coughing and sneezing: cough and sneeze into a tissue or your elbow.

Turn away from other people when coughing or sneezing.

Keep your distance: stay one to two metres away from other people.

Don't shake hands or hug.

Stop touching your face: don't touch your face, mouth and eyes with your hands.

Stay at home: please stay at home. Don't attend group gatherings. Don't take the bus or train. Don't attend events. Don't spend time in public areas. Don't visit the elderly.

Ventilation: adequately ventilate your home.

What should I do if I'm ill?

If you're ill: please stay at home!

If you have diarrhoea, a cough or sore throat: stay at home!

Do NOT go to the doctor's surgery. **Call your doctor or 116 117.**

You'll be issued with a sick note for a maximum of seven days over the phone.

**Please inform anyone
in your area who hasn't received any
information or
cannot read!**

Symptoms

Cough, runny nose	fever
Breathing problems	Sore throat
Headache	Nausea
Diarrhoea	Chills